

For additional detail on any of the classes below, please contact BT-SLO by text, email, or phone.

Children's Level

Creative Dance**Currently not offered****Ages 3-5 yrs**

For the developing young dance artist! Expression, storytelling, use of inspirational props and simple folk steps, age appropriate ballet stretches and positions, music appreciation, rhythm, right and left, floor patterns and more!

Pre-Ballet**Currently not offered****Ages 5-8 yrs**

For the young aspiring ballet dancer! A more sophisticated introduction to the how and why of classic ballet vocabulary and technique, emphasizing the creativity, rhythm, joy, and freedom of dancing.

Children's Ballet**Thurs, 3:30-4:30pm****Ages 5-8 yrs**

A structured ballet class for the passionate young dance artist focusing on basic ballet knowledge, rhythm, musicality, expression, and movement using steps from the folk and classic repertoire.

Ballet 1 Level

Ballet 1a**Tues, 4:15-5:15pm****Ages 6-10 yrs**

For the Children's Ballet graduate or entry level focused student. A structured ballet class for the passionate young dance artist focusing on basic ballet knowledge, rhythm, musicality, expression, and movement using steps from the folk and classic repertoire.

Ballet 1b**Thurs, 4:45-5:45pm****Ages 7-12 yrs**

For the Ballet 1a graduate. A traditional, structured, challenging yet rewarding ballet class for the aspiring young dance artist continuing the foundation in serious study. Movement theory, progressive syllabus, rhythm, musicality, and expression.

Ballet 2 Level

Ballet 2a**Wed, 4:00-5:15pm****Ages 10+**

For low-intermediate level teens and adults studying a minimum of two ballet classes per week. A traditional, structured, challenging yet rewarding ballet class requiring a strong foundation gained in Ballet 1b or Adult Ballet 1.

Ballet 2b/3a**Mon, 4:00-5:30pm****Ages 10+**

For high-intermediate level teens and adults studying a minimum of two ballet classes per week. A foundational class for more advanced work and pointe. Traditional, structured, musical, challenging yet rewarding ballet class requiring a strong foundation gained in Ballet 2a or Adult Ballet 2. Progressive syllabus.

Ballet 3 Level

Ballet 3a**Currently not offered****Ages 10+**

For serious ballet students who study a minimum of two ballet classes per week (Ballet 2b and above). The class moves into more advanced, physically demanding, technical and complex work, preparing the dancer to transition to Ballets 3b & 4. Ballet 3a dancers must have sound placement, significant strength, technique, and a broad knowledge of the classic ballet vocabulary.

Ballet 3b

Currently not offered.

Ballet 4 Level

Ballet 3b/4**Wed, 5:30-7:00pm****Int/Adv level**

For high intermediate through advanced dancers studying a minimum of two ballet classes per week (Ballet 3a & up). The class is rigorous, demanding advanced technique, artistry, and musicality.

Open Level

Int/Adv Ballet**Sat, 10:00-11:30am****Int/Adv level**

An "open class" full of energy! Recommended for Ballet 2b – Ballet 4; dancers should be prepared for a high-intermediate/low-advanced class. This is a great way to spend Saturday mornings for dancers. Inspiring!

Pointe Classes

Pre/Beg Pointe**Currently not offered****Ages 10+**

For female dancers who maintain a minimum of two Ballet 2/Intermediate classes per week and can demonstrate both a comprehensive knowledge and proficient application of Ballet 2 technique. The class develops pointe technique with correct placement and épaulement, with emphasis on lifted transitions ascending to and descending from pointe, and a musical, pleasing aesthetic.

Beg/Int Pointe**Mon, 5:45-6:45pm****Ages 11+**

For female dancers who maintain a minimum of two Ballet 2/Intermediate classes per week and can demonstrate both a comprehensive knowledge and proficient application of Ballet 2 technique. The class develops pointe technique beyond Pre/Beg Pointe.

Int/Adv Pointe**Wed, 7:15-8:15pm & Sat, 11:45am-12:45pm****Adv level**

For advanced through professional female ballet dancers studying a minimum of two ballet classes per week (Ballet 3a & up). The class develops professional presentation of the pointe repertoire.

Adv Pointe & Variations**Currently not offered****Adv level**

For advanced through professional female dancers, the class teaches variations from the classics as well as Ballet Theatre San Luis Obispo current projects.

Adult Ballet Classes

Adult Ballet 1**Mon, 7:00-8:30pm****Beg level**

You may be an adult who danced when younger and now you want to get back into class. Or maybe you are a teen or adult who really wants to start ballet but does not want to be in a class with younger children. Or you may want to take your FIRST ballet class. For any of these cases, this class is for you! We start at the beginning, breaking down all the steps and movements. Great fun in a relaxed atmosphere.

Adult Ballet 2**Tues, 6:00-7:30pm****Int level**

This class is a "step up" from the Monday Adult 1 class. It is for intermediate-level adult ballet students. The class is still basic but more complex movements are given with more of the ballet repertoire.

Contemporary Classes

Contemporary Ballet**Thurs, 6:00-7:30pm****Ages 10+**

Incorporating elements of both classical ballet and modern dance, contemporary ballet uses a strong technical foundation to explore and experiment with movement in a way that both honors and challenges tradition. This class includes a classical ballet barre and a more contemporary center, utilizing both classical and modern music. Suitable for intermediate and advanced dancers.

Contemporary Dance**Sat, 1:00-2:30pm****Ages 10+**

Fun, suitable for all-levels, contemporary/lyrical class. Dance to contemporary music with innovative choreography each class. High energy and enjoyable! Please note that footwear is required, NO BARE FEET on the dance floor.

Performance Classes

Youth Performance Group 1

Currently not offered

Concurrent: Ballet 1a

This class is designed to give Ballet 1a students an opportunity to learn and perform choreography in classic ballet and complimentary dance styles, thereby facilitating their technical training and growth as performing dance artists. Performances include the BT-SLO Holiday production, Youth Performance Showcases, community events throughout the central coast, and youth outreach education opportunities.

Youth Performance Group 2

Currently not offered

Concurrent: Ballet 1b

This class is designed to give Ballet 1b students an opportunity to learn and perform choreography in classic ballet and complimentary dance styles, thereby facilitating their technical training and growth as performing dance artists. Performances include the BT-SLO Holiday production, Youth Performance Showcases, community events throughout the central coast, and youth outreach education opportunities.

Youth Ballet Apprentices

Currently not offered

Concurrent: Ballet 2a

NEW for 2019-20! This class is for Ballet 2a students who are making the transition to the Youth Ballet. The class will form an important transition between the Youth Performance groups and the Youth Ballet. Performances include the BT-SLO Holiday production, Youth Performance Showcases, community events throughout the central coast, and youth outreach education opportunities.

Youth Ballet

Currently not offered

Concurrent: Ballet 2b & 3a

Dancers in this company are serious ballet students studying in the Ballet 2b and 3a levels. The girls are Pre/Beg Pointe students. They are an exemplary group in every way: character, teamwork, artistry, technique, responsibility. These dancers augment BT-SLO Performing Company's major programs as well as headlining BT-SLO's annual Youth Performance Showcase, community events throughout the central coast, and youth outreach education opportunities.